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Phone:
RE: CEASE AND DESIST ACTIVITY
Dear,
This letter serves as documentation of a pattern of offensive activities that began on This letter is notice to you that you must immediately cease and desist these activities against and towards me, including, but not limited to, the following:
For examples, refer to the documents I have attached for your convenience.
Your actions are unwanted, unwelcome, and have become unbearable to me. As a result of your behavior, I have suffered in the following ways:
Physical harm or injury

-- Substantial harm to my business

-- Substantial harm to my professional reputation

-- Substantial harm to my personal character

Emotional distress
Additional distress as follows:
I demand that you cease and desist from this activity immediately.
Sincerely,